

# [PDF] Clueless In The Kitchen: A Cookbook For Teens

Evelyn Raab - pdf download free book

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**Books Details:**

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Author: Evelyn Raab  
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**Description:**

**From School Library Journal** Grade 7 Up-Take a large measure of good recipes, toss with a healthy dose of humor, and you'll have this accessible cookbook. Newly independent cooks will get all the basics, from buying equipment and groceries, to food-preparation techniques, cooking meals, and defrosting the refrigerator. Recipes are grouped by food type such as "Breakfast-A Cruel Joke" and "Primarily Pasta." Icons further identify each recipe as "Cheap Eats," "Vegetarian Stuff," "Couch Potato Food," "Dinner for the Family," or "Cooking to Impress." There's something for every taste,

from hamburgers and pizza to shrimp scampi and almond torte. Both English and metric measurements are given. A conversion chart, glossary, menu ideas, and a good index are included. Raab's informal and chatty style will appeal to teens, but the lack of nutritional information and the liberal use of butter will disappoint health-conscious readers. Joan Scobey's *The Fannie Farmer Junior Cookbook* (Little, Brown, 1993) has fewer recipes with less variety, but is somewhat easier to follow and aimed at a slightly younger audience. A welcome and useful addition for cooking collections.

*Paula A. Kiely, Milwaukee Public Library, WI*

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**From** Gr. 8<sup>^</sup>-12. Young adults who like to cook or would like to learn more about cooking will appreciate the abundant information and recipes here. Not that much of the fare is necessarily super quick to prepare or particularly unusual--there are lots of good traditional dishes, along with the less "mom and pop" breakfast burritos, focaccia bread, couscous, "unfettered fritattas," and other sophisticated items. The author makes a strong case for fresh over convenience and processed food and explains many cooking and kitchen basics. Recipe chapters are arranged according to breakfast foods, side dishes, meat, pasta, vegetarian items, eggs, fish, baked goods, dessert, and snacks. A final section of suggested menus designed for particular guests or occasions ("Artsy vegetarian girlfriend/boyfriend," "Your best friend is depressed") rounds out the book, along with an ample index, glossary, and handy metric conversion table. Although *Clueless* may try too hard to be hip in tone and at times seems to be addressed to an older audience not living at home, its basic food message is sensible and the recipes are appealing. *Anne O'Malley* --This text refers to an out of print or unavailable edition of this title.

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